

Prayer & Fasting FALL 2024

For fall 2024, the theme of our church-wide week of prayer and fasting is “Dying to Live.” During August 4-8, we will reflect on Mark 13:5-37, focusing on true discipleship: following Jesus, embracing His mission and remaining faithful. At the end of this week, every one of us has an opportunity to be a part of Break-through Conference and act on what we learn throughout our time of prayer and fasting. Scan the QR code of the back for more information.

WHY DO WE FAST?

Fasting is spiritual. When we give up meals we ask God to fill us with His presence. When we feel the pain of hunger, we remember the pain Christ endured for us on the cross. Christ died so that we may live. As we fast this week, we pray that the Holy Spirit will empower us to follow Christ's example of sacrificial love. We pray that the Lord would help us to die to our selfishness so that we may live lives of love toward God and others.

DYING
TO LIVE

AUGUST 4

Fast: Meals ☐ Hours ☐

Read: Mark 13:5-8

Pray: Father, empower us through Your Spirit to live in anticipation of Christ's return. Keep us from deception and distraction. Help us to live for You.

AUGUST 5

Fast: Meals ☐ Hours ☐

Read: Mark 13:9-10

Pray: Father, empower us by Your Spirit to tell others about life in Christ. Empower us to stand and preach Christ, to be witnesses to You in our workplaces, schools and neighborhoods.

AUGUST 6

Fast: Meals ☐ Hours ☐

Read: Mark 13:11-13

Pray: Father, empower us by Your Spirit to speak Your words of life to all who will listen. Strengthen us when those we love hate us because of our faith in Christ.

AUGUST 7

Fast: Meals ☐ Hours ☐

Read: Mark 13:26-27

Pray: Jesus, we believe You will come again. Father, by Your Spirit may the hope of Christ's return grow in our hearts. May our words and good deeds bring the hope of Christ to others.

AUGUST 8

Fast: Meals ☐ Hours ☐

Read: Mark 13:35-37

Pray: Father, empower us by Your Spirit to "keep watch" for Christ's return. Help us to "keep watch" through our worship and witness. May we see many come to know You.

AUGUST 9-10

**Breakthrough
Conference**

