



WARM UP QUESTION: What would happen if you stayed home on a very important school or work day just because you didn't feel like going?

READ: Romans 1:18-27

FOCUS: Is your heart king?

OBSERVE:

- God created the heart as the seat of emotions and desires. It has the power to dictate our lives yet we cannot allow our hearts or feelings to be our King. We have a better King; the Lord our God. His divine nature and eternal power have been revealed through His creation for all time.
- The world we live in today is big on feelings. Our senses are constantly bombarded by an environment that seeks to impact our emotions. Our culture encourages everyone to do what feels right to them. However, we all know that not everyone's perspective on what is right is the same, and not everyone feels like doing what is ultimately right all the time.
- Our feelings are constantly shifting and changing. One minute someone may feel that they have met their soulmate, and the next minute they are wondering what they ever saw in that person. It is dangerous for us to be guided primarily by our hearts without God's influence.
- The Bible tells us that the human heart is the most deceitful and wicked (Jeremiah 17:9). It is unreliable. It also tells us that God understands the human heart and knows how to deal with it. This makes it clear that we can't rely on our feelings, emotions, or our hearts, but we can rely on God. We need Him. It is God who created the human heart. He alone can make sense of it. We did not create ourselves; we were created by Him, in His image, for fellowship with Him, which also makes Him the best guide for our lives.

TAKING ACTION:

- Is it time for you to let God lead? To take your hands off the steering wheel of your life and give God control? Evaluate your schedule and select five minutes each day or week to ask God how He would like to guide your life this day or week.
- Consider when you may be able to join a Discipleship Class at King's Park to take your next step on the Discipleship Path or start serving with a class or outreach.

REFLECT:

- Who is directing the affairs of your life? Are you being driven only by your emotions and feelings without consulting the Lord? What are two steps you can take to change or shift those behaviors and also draw closer to God in general?

PRAY:

Dear Father, thank You for being all-sufficient, all-knowing, and all-powerful. I want to put my trust in You completely. Please help me to stop relying on myself alone and to let You in, in Jesus' name I pray, Amen!