

Come and See

July 5, 2020 | Come and See (Part 6): Jesus, the Giver of Healing and Rest | Reggie Roberson

WARM UP QUESTION: What brings you comfort when you are sick?

READ: John 4:43-5:18

FOCUS: Jesus is the answer to our cries for healing and rest.

OBSERVE:

In the following passages, we will see two responses to Jesus and the miracles that He did.

The response from the official who worked in King Herod's courts (John 4:43-54)

- The official heard about the signs and miracles Jesus did and traveled a day's journey, by faith, to see Him.
- His faith compels him to obey Jesus even though he did not see visible healing.
- In faith, he shares with his entire household that Jesus was the answer to his cry for healing.

The response from the Jews (John 5:3-18)

- Jesus healed a man who had an illness for 38 years on the Sabbath, a day that the Jews rest.
- The Jews' response was to persecute Jesus because He broke one of their traditions.
- Instead of the Jews celebrating this man who received rest and healing, they rejected Him and wanted to enforce their own traditions.

How do we welcome Jesus as our healer and giver of rest?

- *Repent of our sins.* Turn away from pursuing sin and turn back to God.
- *Don't limit God in our lives.* God is not constrained by rules that we set up for Him. He broke the traditions and boundaries set up by religious leaders to heal and bring rest to those who put their trust in Jesus.
- *Believe in Jesus.* The official believed in Jesus and allowed his faith to grow through seeking, persisting, obeying and witnessing. When we believe in Jesus and grow in our faith, we can experience Jesus as the answer to our cry for emotional, mental, spiritual and physical healing.

REFLECT:

What area in your life do you need Jesus to heal - physical, mental, emotional or spiritual? What is hindering you from turning to Him for your healing and rest?

TAKE ACTION:

Share with a friend, family member, on social media, or your life group how God did something *out of the box* that blessed you. Take time to read the rest of John chapter 5 and ask God to reveal more of Jesus to you.

PRAY:

Jesus, we thank You that You are our healer. Help us to make You the object of our faith every single day. We pray that you will protect, heal and bless during COVID-19 and that You would bring justice, reconciliation and peace. In Jesus' Name. Amen.

