

The Reset Lifestyle

September 25, 2022 | Phillip Deas

WARM UP QUESTION: Share about a time when you felt like giving up but didn't. How were you able to keep going?

READ: 2 Peter 1:3-7

FOCUS: Jesus came for the salvation of our souls and the transformation of our lives.

OBSERVE:

Jesus came to give us abundant lives (John 10:10) and supplied us with everything we need for life and godliness (2 Peter 1:3). However, to experience this abundant life, we must supplement our faith with patient endurance.

We are called to supplement our faith with patient endurance (2 Peter 1:5).

- Often, we don't experience abundant life, not because we don't know it exists or believe it's possible but because we don't know how to supplement our faith with patient endurance.
- Living a transformed life does not happen overnight but over time.
- Transformation is a process that requires time and patience, like growing plants from seeds (Jesus' Parable of the Sower in Luke 8).

The Rest Mindset

- Following Jesus requires daily repentance and renewal of our minds.
 - Jesus calls us take up our cross daily to follow Him (Luke 9:23).
 - Jesus taught us to pray daily for physical and spiritual provision (Matthew 6:9-11).
- Repetition leads to transformation.
 - In the Old Testament, God commanded His people to repeat His commands "again and again" to their children (Deuteronomy 6:5-9).
 - We must repeatedly remind ourselves of God's truth to endure in the face of obstacles and difficulties. Over time, our experience will conform to the truth of God's Word rather than our circumstances.

REFLECT:

- What things make you feel discouraged or want to quit?
- What does it look like to trust Jesus to help you patiently endure challenges?

TAKE ACTION:

- Identify one mindset that you need to reset. Find scripture that speaks to that area of your life and commit it to memory.
- Decide now to set aside time daily for renewing your mind with God's Word so that you can grow in faith and walk out the abundant life Jesus has for you. Choose what part of your day you will do this.

PRAY:

Father, thank You for the abundant life made available through Jesus Christ. Thank You for the riches You have made available for us to do good works and to live godly lives. Give us the mind of Christ and teach us to throw off old ways of thinking that cause us to stumble. Holy Spirit, fill us and anoint us to do good works so that others will give glory to the Father. In Jesus' name. Amen.

