

9/22/2024 | Pastor Reggie Roberson

WARM UP QUESTION: How would you describe yourself in three words? Would those three words differ if they were from a parent, a sibling or a mentor?

READ: 1 Chronicles

FOCUS: When God our Father created us, He established our identities and made numerous covenants and promises to us over the years. Through these, we have the power to reject and rise above the hurtful names and labels that others have placed on us.

OBSERVE:

- Labels significantly impact our emotions, mental health, relationships and overall interactions in life.
- Jabez was given a name that resembled "pain," reflecting his mother's difficult experience during childbirth.
- Recognizing the labels we carry helps us see the conflict between how we view ourselves and how God sees us.
- Exploring the origins and implications of these labels enables us to pray effectively, seeking to uproot their negative influences from our lives.
- Jabez chose to transcend a legacy of pain and sorrow by asking God for protection and a blessing over his life.

REFLECT:

- Have you allowed labels to impact how you interact with the world?

TAKE ACTION:

- Choose scriptures that emphasize who God calls you to be and meditate on them this week.
- Consider how any labels you have given to others may have impacted their lives.
- Apologize and ask those people for their forgiveness.

PRAY: *Dear Lord, thank You for naming us as Your children and choosing to love us. Please grant us strength and discernment to identify the lies we may have believed about ourselves. Help us forgive the people who have given us labels, and bring healing to us from the hurt we have experienced. In Jesus name, Amen.*