



10/12/2025 | Pastor Reggie Roberson

WARM UP QUESTION: Can you recall a time when you were deeply conflicted about your future, faced with a choice between two distinct plans? How did you ultimately decide?

READ: Romans 7:21-25

FOCUS: We overcome competing desires through new life in Christ.

OBSERVE:

- The Bible lets us know that we are all sinners and fall short of the glory of God. God's 10 Commandments make us even more aware of sin.
- Christian life can be difficult! We are influenced by what we allow into our lives and spend our time on. We want to do the right things, but struggle daily, constantly tempted to do wrong. This wrestling does not negate who we are in Christ, and He has made grace and power available so we can live a life surrendered to him.
- Instead of letting the media, other people, fear, angry thoughts, negative things people say and in general the enemy of our souls influence us, we should invest our time in Jesus and allow Him to govern us. This results in our doing what pleases God and avoiding things that are wrong.

DISCUSS:

- What stood out to you, or what did the Holy Spirit bring to your attention?
- Do you struggle with conflicting thoughts? Do you sometimes feel like a spiritual failure?
- Is the Holy Spirit guiding you to consider changes in your life?

TAKE ACTION:

- In your group, discuss challenges you all face, and what each of you think God specifically wants more of, and less of.
- Encourage each other that growing in Christ is a difficult challenge for every believer, and resolve to support each other through each situation you face.

PRAY: *Lord help me to stop trying to be good by my own efforts, rather help me to surrender my heart and will to You so You can change me daily and I will become more like you Jesus. In Your name, Amen!*