



October 9, 2022 | Reggie Roberson

WARM UP QUESTION: How important is it to provide nourishment for your body? Your soul? Your spirit?

READ: Exodus 16:1-8, 13-15

FOCUS: God, through Christ, feeds our hungry souls.

OBSERVE:

Conditions

- The Israelites had been camped out in Elim, after being delivered from enslavement in Egypt, on their way to the promised land. Moses describes Elim as an oasis: twelve Springs of water and seventy Palm trees. However, it is important to recognize that not every good stop in our journey in life is God's destination. Sometimes He wants us to move through it and not to remain in it.

Considerations

- The question to ask is this: what are you considering, pondering, or meditating on that is impacting the condition in which you find yourself?
- The Israelites were grumbling and complaining against Moses and Aaron. God saw their grumbling and complaining as complaining against Him, and not just Moses and Aaron because God had appointed them. The Israelites had quickly forgotten how God had delivered them and what God had delivered them from. Today, we often look back and selectively remember that we had green pastures or a good life. We forget that we were once miserable, lonely, without purpose, and crying out to God for his blessing.
- The devil amplifies and exaggerates the benefits in the past and the possible blessings in the future so that we will never be content in the present. Contentment doesn't come from an external shift in your conditions; it comes from an internal satisfaction with God's presence, people, and purpose in your life.

Compassion

- God has not brought you this far to abandon you. One way or another God will make a way out or a way through your difficult situation. God is filled with compassion for you.
- We can be most confident of God's compassion because we see it in Jesus. God in Christ did not count our sins against us; instead, God sent us Bread from Heaven.

TAKING ACTION:

- This week how will you choose to (1) receive the Bread from Heaven, trusting in Christ and making Him the King of your life, (2) feed on the Bread from Heaven and rely on God's daily provision (3) distribute the Bread from Heaven, sharing the blessings and truths you have from God.

REFLECT:

- When was the last time you expressed gratitude in the midst of a troubling time? How can you remind yourself to do that in future trials?
- How is your day impacted when you have had time to engage with the Bread of Heaven provided for you?

PRAY: *God, thank You for meeting us in our desert places, for providing for us when we are helpless to provide for ourselves. You are strong on our behalf and we are thankful. Help us to come to You daily with our needs and also our hearts, to fellowship and enjoy Your presence, in Jesus' name, amen.*

