



11/30/2025 | Anthony Jorge

**WARM UP QUESTION:** Have you ever gotten a gag gift—one that’s beautifully presented but a deliberate dud in its beauty and value? How did everyone react?

**READ:** 1 John 4:9-10

**FOCUS:** As God’s beloved, we need to encounter (and continue encountering) the power of God’s self-sacrificial love.

**OBSERVE:**

- As God’s beloved, we need to encounter (and continue encountering) the power of God’s self-sacrificial love.
- Self-giving love is an emptying or giving up of one’s self for the benefit or good of the beloved (the direct object/one receiving the love), as described in Philippians 2:5-8.
- When we begin to receive God’s love, we struggle because not everything in our lives becomes perfect all at once. We need to overcome fear, shame, distrust, and past hurt. We also struggle because of the lies we are still believing.

**DISCUSS:**

- What stood out to you, or what did the Holy Spirit bring to your attention?
- Does this discussion make you think about the gaps in your life between your thinking and behavior, and Christ’s example?
- What does knowing God’s love mean to you?

**TAKE ACTION:**

- How should we respond to the love of God? In your group, discuss how each of you knows that God loves you.
- Discuss the lies, hurts, and fears that come between you and God’s love.
- Enjoy resting in God’s love. Share your favorite worship music and Bible verses with each other. Tell how learning to rest in God’s love has changed you.

**PRAY:** *Heavenly Father, thank you for your love toward us. Thank you for sending your Son to reset our relationship with you. Speak to us of the things we hold on to that prevent us from fully knowing Your love, so we can repent and be whole. Empower us to share your love with others so they can know you also. In Jesus’ Name, Amen!*