

March 10, 2024 | Reggie Roberson

WARM UP QUESTION: What is the most exciting experience you have ever had? How long after the experience did your excitement last?

READ: 1 Corinthians 6:15-20, 1 Timothy 6:6

FOCUS: Joined to the Lord, glorify God in your body through your sexual conduct.

OBSERVE:

- Many people feel that the ultimate goal of all humans is to have fulfillment and contentment.
 This can be a feeling of peace, happiness or satisfaction. We are all constantly searching for
 this in different ways. The most popular way many seek to find contentment is in sex and
 sexuality. It's either we are trying to get more pleasure from sexual acts or attempting to define
 our identity through the lens of sexuality. The harder we try the more the pleasure seems to
 elude us.
- We can never find true fulfillment and contentment without God! The reason is God created sex and sexuality; He is the author of it. Unfortunately, in our world today we have completely forgotten this and have decided to leave God completely out of what he created.
- God made us for relationship with Him. He created us to be joined to him; that is the only way we can experience true fulfillment and contentment. All other pleasurable experiences including sexually related ones will never be meaningful without embracing wholeheartedly our union with God in Christ. There is no real pleasure outside of God.

REFLECT:

- How hard have you tried to find pleasure and fulfillment outside of God?
- What objects or concepts have you turned to satisfy your innermost longings and dissatisfaction?

TAKING ACTION:

• Decide today to surrender your will and desires to the one who can completely satisfy you. Ask the Lord today to fill the longing in your heart. Don't take this journey alone, consider starting or joining a Life Group.

PRAY:

Dear Lord, I want to be content every day and experience a sense of fulfillment found only in You. I surrender my heart and will to You. Fill up my emptiness and longing with Your presence and love in Jesus' name, Amen.