

WARM UP QUESTIONS: What brings your comfort and a sense of steadiness in the midst of difficult times?

READ: Psalm 103

FOCUS: Take heart, for your healing is coming!

OBSERVE:

- Believe God for your healing because He is capable and compassionate. Miraculous healing comes not because we have bigger faith than others but because His steadfast love manifests in compassion. It is by His kindness that we can receive healing.
- We experience sickness and disease because of sin; it is a mark of Satan's rule on this earth.
 However, when we experience healing, it is a sign of the darkness being driven back, a sign of the
 kingdom of God invading earth! At times, we don't receive the healing we're believing in on this earth.
 Take heart because we will receive complete healing in the New Heaven. In the meantime, He will give
 us comfort and peace.
- We must be careful not to let bad theology influence our thoughts or faith when it comes to healing. It isn't God's will that people experience sickness, injury or disease, nor is God's punishment on us. We shouldn't take the stance that sickness and disease is a result of our sin or lack of faith. Truth is that we live in a fallen world with cause and effect, but remember that by Jesus's wounds, we are healed! So whether we are healed by God now or later in the New Heaven and Earth, Christ has overcome it all.

REFLECT:

- Has sickness or disease in yourself or a family member causing you to be discouraged?
- What bad theology have you believed about healing, and what Scripture can you meditate on to refute the lies of the enemy?

TAKING ACTION:

- Take heart by participating in our Life Groups to lament and find comfort in other believers who can support and pray for you in difficult times.
- Forget not all of God's benefits by reflecting on Scripture that brings comfort, such those in the book of Psalms.

PRAY: God, thank You for Your compassion and steadfast love that You lavish upon us. We praise You because You are with us in the pain and difficulties of dealing with the troubles of sickness and injury. As we go through afflictions, comfort us with Your comfort so we can be a comfort to others who need healing. Encourage and help us to be a testimony as You heal us and those we love both physically and spiritually. We bless and praise Your holy name for who You are and for overcoming the world. In Jesus' name. We pray. Amen.

