

THE STRUGGLE IS REAL

02/22/2026 | Ryan Robinson

WARM UP QUESTION: What is one strength you have that grew out of a hardship?

READ: 2 Corinthians 12:7-10

FOCUS: God supplies grace and power in our suffering.

OBSERVE:

- While we don't get to choose the "thorn-in-the-flesh" or suffering we go through, God is our source of grace and will sustain us during those times. We can find power through Christ within us as we go through these storms. This power shows up in our weakness and asserts that Christ is enough.
- Jesus demonstrated the display of power from the Father by taking up the cross and dying for our sins. The grace given to us through His death grants us salvation and also equips us in our own suffering.

DISCUSS:

- What stood out to you, or what did the Holy Spirit bring to your attention?
- What life experiences, memories, thoughts, or emotions did this bring up for you when you reflect on past hardships?
- How do you sense the Holy Spirit is guiding you to respond to tough situations and seasons?

TAKE ACTION:

- Do you have encouragement during times of hardship? Spend time in the Word looking for scriptures to meditate on for those times.
- If you are in a life group, share about a time you experienced God's grace during hard times.

PRAY: *Dear Jesus, thank you for the grace we have in you and the power you give us to persist through hard times. Strengthen us and let us be encouragers to others who are suffering and need reminders of your grace. In Jesus' we pray, Amen!*