

REFRESHING BREAKTHROUGH

February 13, 2022 | Reggie Roberson

WARM UP QUESTION: Have you ever gone on vacation but felt more tired after you returned? Why does that happen?

READ: Ezekiel 37:1-3, 9-10. Acts 3:19-20

FOCUS: Refreshing is coming from God in our lives and through our lives.

OBSERVE: The refreshing and recovery of breath comes from the Holy Spirit when we repent and turn. The whole point of Ezekiel's vision was to help the Jews see their condition and consequences of their sin and repent and turn so that God would refresh them as a nation.

Repenting and turning is a continual practice that involves the Holy Spirit bringing you closer into His presence and revealing His heart desires and perspective. Repent and turn is a mindset shift that impacts the way you live.

Let's look at three mindset shifts we are called to make:

- **Respond to God with worship, not just wonder.** In Acts 3:11-12, Peter urges the crowd to have a mindset shift from wonder to worship. The people saw a sign and a wonder so they wondered. Peter urged them that their wonder should lead to worship.
- **Instead of focusing on what you don't have, focus on what our Great God has given you.** In Acts 3:4-8, Peter helped a man who had been begging on the side of the road for years. He was focused on his weakness. When we focus on what we don't have, despair and fear arises. We can miss out on new and fresh things. When we understand our wealth in Christ and shift our mind to focus on our great God and what He has given us, faith arises in our hearts.
- **Acknowledge weakness but accept God's fullness.** We live in a time where there are major lacks of self-awareness. In Acts 3:12, Peter makes this statement, while likely remembering how weak he was when he denied Jesus three times and ran and hid. He is thinking there is no way this power comes from me; I am a human being. Recognizing that though helps us receive strength in the areas for which we have need. I can accept that I am not perfect but enjoy the fullness of God at the same time. This is the good news that regardless of your circumstances, your past, your weaknesses because of what Christ did for you on the cross you have access to God's fullness. This includes the refreshing breakthrough He wants you and me to have!

REFLECT:

- At what point was Ezekiel's vision of the dry bones fulfilled? You never really see it fulfilled in the history of the Jews, even when they return from captivity in Babylon. Ultimately, Ezekiel's vision was fulfilled in Christ.

TAKE ACTION:

- Which of these mindset shifts should you focus on in your life? Take time this week to pray for God's revelation and breakthrough in your life.

PRAY: Lord Jesus, help me to shift from wonder into worship as You move in my life. I would like to focus on You and everything You have given me, rather than what I don't have. Help me to receive Your fullness and Your breakthrough even in my weakness. In Jesus' name, Amen.

