



WARM UP QUESTION: What keeps you from having peace in your life? What helps you have peace day to day?

READ: Hebrews 11:39-40

FOCUS: You can expect peace when you persevere in your faith.

OBSERVE:

- The key for believers to experience peace is to persevere in our faith. Faith refers to our confidence in God's promise even when we haven't received the promise yet; this allows God's presence to dwell in our hearts. When God's presence dwells in our hearts we have assurance which leads to peace.
- If we want peace, we must meditate on the promises of God. Behaviors that help us in this process include reading or listening to our Bibles every day. We should declare the promises of God over our lives and sing the praises and promises of God in worship as well.
- If we want peace, we must be sensitive to God and ask God to open our eyes to see things the way He is seeing them. The practical ways we can do this are listening for God's voice, possibly with instrumental music playing, being conscious of God's presence as we work and play, and praying in the Holy Spirit regularly.
- If we want peace, we must allow God to stir up our hearts to believe Him. We express our belief in Him by loving people. In addition to the practical aspects mentioned above, we encourage believers to meditate on the promises in scripture and seek revelation from God that leads to being more considerate, kind, patient, faithful, self-controlled and good to others.

TAKING ACTION:

- Choose now that your faith and beliefs are worth investing in. Seek out 2-3 scriptures on believing that you can meditate on this week. Set aside time on your calendar to talk with God about these scriptures and what might be hindering you from being fully aligned with God's Word.
- Be intentional to rest and include God during this holiday season. Begin planning which Life Groups or Discipleship Classes you will engage with in the new year as you continue your journey along the King's Park Discipleship Path.

REFLECT:

- Take a moment to consider how your life would be different if it was full of God's peace. What would change? How would you experience situations or people differently? Are those changes worth the diligence and transformation necessary to be in a place where God's peace overcomes all other feelings of fear, anxiety, and stress?

PRAY:

Heavenly Father, thank You for the gift of Your peace that surpasses all understanding. We choose to rely on You for all that we have need for. Please come rescue us from all that would steal our peace. We choose to diligently seek You so that we can fight for our peace as well, in Jesus' name we pray, amen.