

# DAYS AFTER



04/26/2026 | Pastor Bomi Roberson

**WARM UP QUESTION:** Do you remember ever being caught “stealing from the cookie jar?” Did you try to defend yourself with excuses, or were you honest? What happened after that?

**READ:** John 21:15-19

**FOCUS:** Jesus restores us when we fall and reaffirms our call.

**OBSERVE:**

- Peter has denied Jesus three times. Shame is the experience of feeling or believing that we are flawed and not worthy of love or belonging.
- Peter, and the other disciples, after fishing all night, had caught nothing. They recognize Jesus only after he tells them to put the net down one more time, on the other side of the boat. They catch an amazing number of fish.
- Sensing Peter’s shame, Jesus asks Peter three times if he loves him, and tells Peter to feed his sheep, affirming his call.

**DISCUSS:**

- What stood out to you, or what did the Holy Spirit bring to your attention?
- Recall times you felt shame. What did the people around you do or say in response? Was it helpful?
- Have you encountered others who felt shame in their Christian life? How did the Holy Spirit help you minister to them?

**TAKE ACTION:**

- In your LIFE Group, talk about times you feel you have failed in your Christian walk. Encourage each to not allow yourselves to be stuck in shame and fear, but rather bring your failures to the Lord in repentance. Let his love restore you.
- Share Bible passages with each other that tell of God’s forgiveness and affirmation. Memorize a few so they will be real and active in your lives.

**PRAY:** *Heavenly Father, thank you for sending your Son to teach us and die for us that we can have a path to the restoration of our souls. Create in us clean hearts and renew our spirits. Restore in us the joy of your salvation, and uphold us by your Holy Spirit. In Jesus’ name we pray, Amen!*